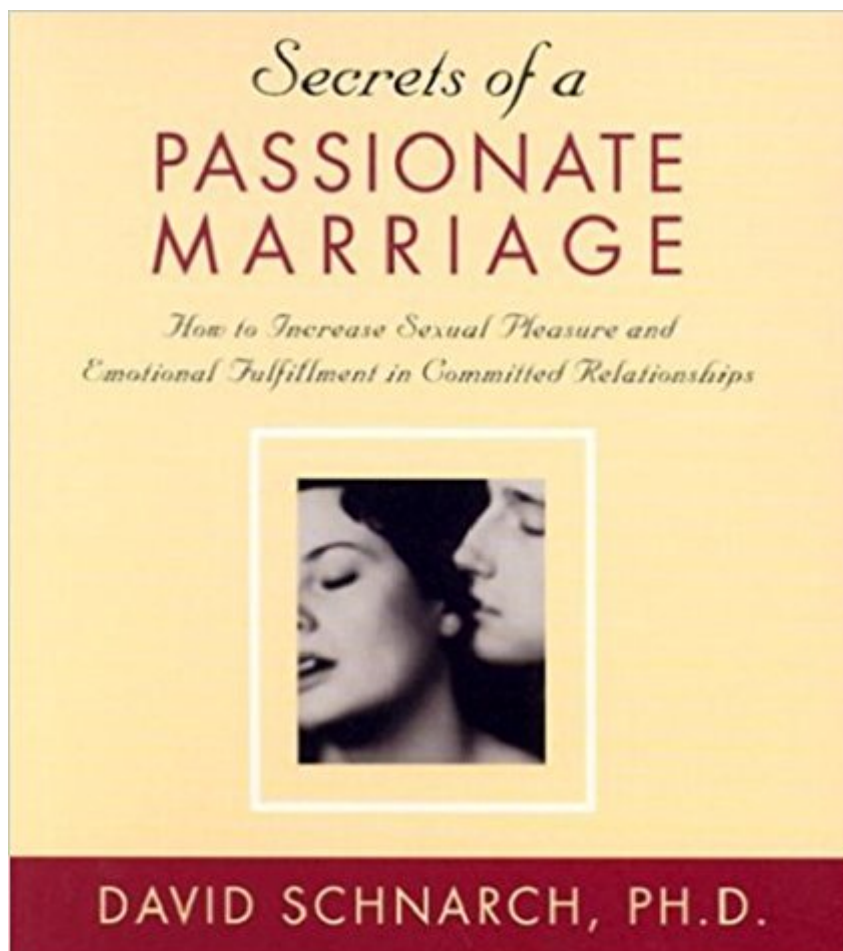


The book was found

Secrets Of A Passionate Marriage



Synopsis

If you think you need to change your marriage, think again. It may well be that your marriage is trying to change you. In *Secrets of a Passionate Marriage*, Dr. David Schnarch shares a revolutionary approach thousands have used to take their relationships to new and lasting heights of sexual ecstasy and intimacy. Emotionally committed relationships, he teaches, are people-growing machines, and sexual difficulty and other challenges are actually signs of a healthy, maturing relationship. Moving beyond traditional therapies that work a little bit, Dr. Schnarch brings straight talk and humor to his three decades of expertise and offers insights into:

Course objectives:

- Describe the process of differentiation in intimate relationships
- Discuss why emotional gridlock is a critical and necessary phase for a healthy relationship
- Recommend steps to achieving more passionate sex and a more intimate relationship
- Explain how to "self-soothe" your anxieties and open to the full range of human eroticism
- Interpret the psychology of sex

Emotional gridlock

- why this critical phase is necessary for the healthy evolution of all relationships
- How to "self-soothe" your anxieties and open to the full range of human eroticism

The psychology of sex

- how to make an ally out of what you're really thinking during sex, and much more

With many proven exercises to "electrify" your sex life, heighten passion, and renew commitment, *Secrets of a Passionate Marriage* is sure to help your relationship reach its full potential, both in and out of bed.

Book Information

Audio CD: 2 pages

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[Parenting & Families > Interpersonal Relations](#) #160 in [Books > Books on CD > General](#)

#162 in [Books > Books on CD > Health, Mind & Body > Self Help](#)

Customer Reviews

Listeners are invited to join marriage counselor and psychotherapist Schnarch on a journey towards

creating a more intimate, passionate, and loving relationship with their partners. Unabridged. --This text refers to an out of print or unavailable edition of this title.

Join marriage counselor and psychotherapist David Schnarch on a journey towards creating a more intimate, passionate, loving relationship with your partner. Emotionally committed relationships are a "people growing" process, he says, where inevitable sexual boredom, lack of passion, and communication difficulties serve as the mechanisms for adult development. --This text refers to an out of print or unavailable edition of this title.

Be aware (as I was not - my fault) that this is an abridged version. Two CDs. I am sure it is worth reading the full-length version. The abridged CDs, though a good listen, just don't contain enough material to have been worth it.

I bought the book on CD, because I'm a slow reader. You don't have to be married to appreciate the wisdom that flows from this book. I am definitely the high desire partner, I don't feel crazy now. Thank you Dr. Schnarch!

Interesting

Everyone should read or listen to this!!!!

I really like the premise that David Schnarch begins with when he states he cannot fix a couples marriage, because there is nothing wrong with it. Seeing marriage as an incredible people forming agreement. This was shipped very quickly and arrived in perfect shape, thanks!!

This cd is awesome. Totally helped my marriage.. He gives a totally new outlook on marriage and it's really beneficial. I've listened to it a few times already, I loved it!

Clear and hopeful.

Not bad

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